



Sígueme Mis Amigos Follow Me My Friends





La Poloma The Dove



Sígueme



2.

- Come and go with me mis amigos.
- There is much to see and lots to do.
- We will stop to eat some corn tortillas.
- Come my friends, come along and don't delay,

O-le!



2 Sigame

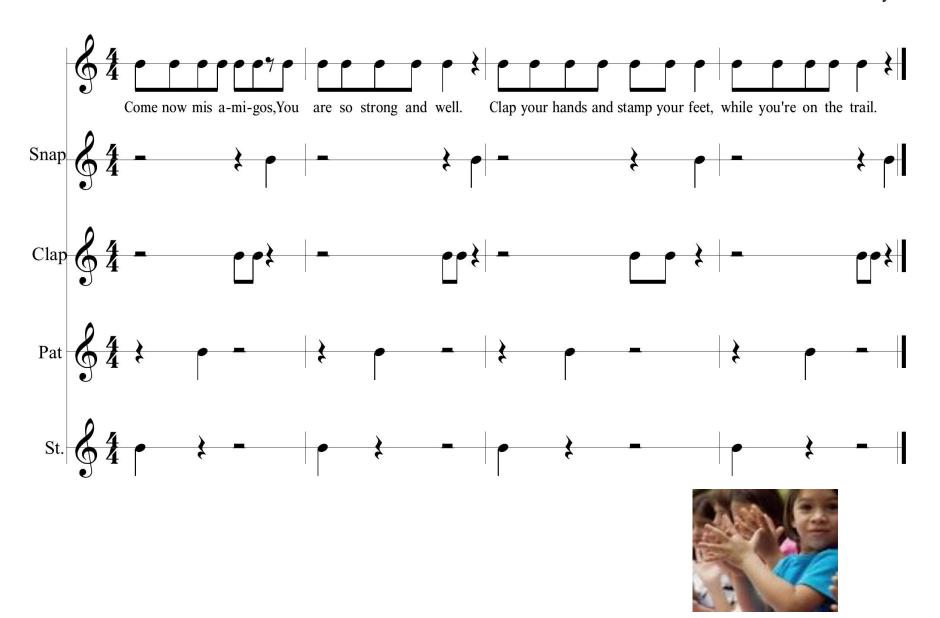


Cual Es Su Nombre





Come Now Mis Amigos Speech/Ostinato

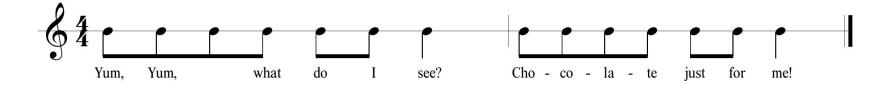


Mi Cuerpo

Spanish Folk Son



YUM YUM YUM





Did You Know? – Mexico Gave Chocolate To The World

- According to legend, humans learned to cultivate cacao and prepare xocóatl thanks to the ancient Toltec ruler-god Quetzalcoátl, who bestowed this heavenly treat on mankind after stealing it from the gods.
- During Mexico's colonial era, the Bishop of Chiapas was forced to threaten parishioners with excommunication to keep them from drinking chocolate during the celebration of Mass.
- The cacao tree, a small evergreen of the genus Theobroma (food of the gods), thrives in Mexico's wet tropical region.
- The tree's fruits, when ripe, are 6-14 inch red pods containing a mass of pulp and 25-50 bitter white seeds that turn brown when exposed to the air.

A pound of cacao averages about 200 beans.

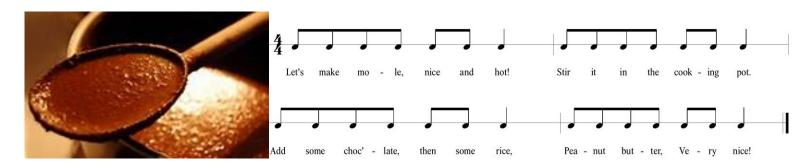
Yum, Yum, Yum







Let's Make Mole'



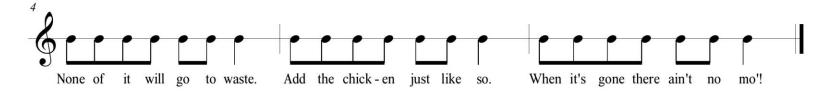






Garlic, Onions





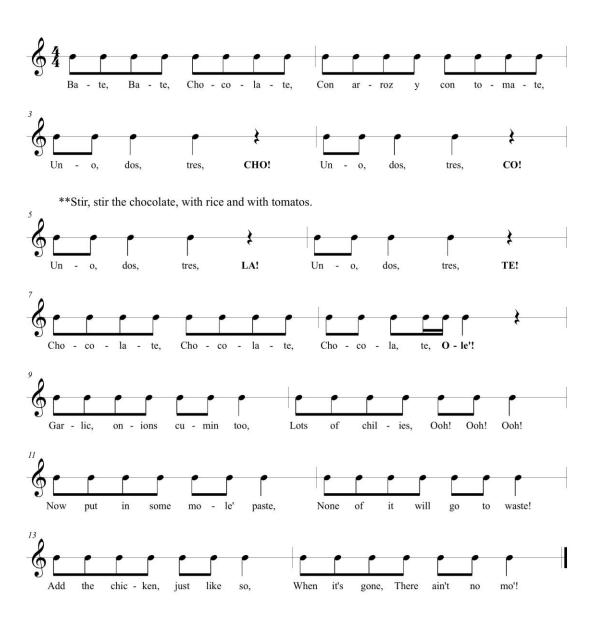






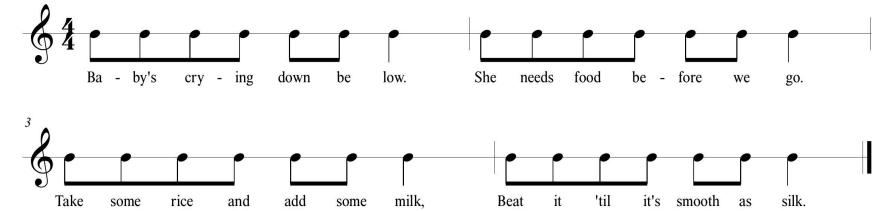
BATE BATE

Mexican Folk Song





BABY



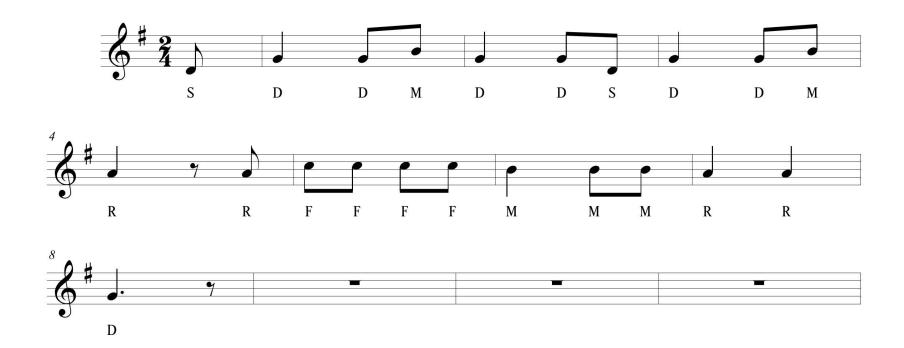


Arroz con Leche Recipe

- Ingredients
- 7 cups water
- 1 cup long-grain white rice
- 1 (4-inch) cinnamon stick
- 1 (12-ounce) can evaporated milk
- 1 (14-ounce) can condensed milk
- 1 cup whole milk
- 3/4 cup golden raisins
- Ground cinnamon, for dusting top.



Arroz Con Leche



ARROZ CON LECHE

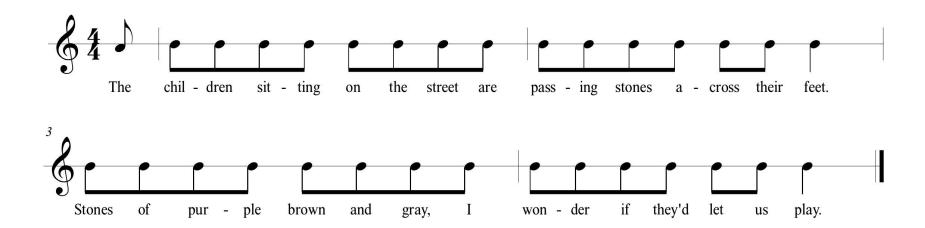
HISPANIC CHILDRENS SONG



Arroz Recorder



The Children



Formation: Students sit in a circle holding a rock, stone, bean bag etc.

After picking the object up on the anacrusis, the students then places the object in front of the student on their right.

Continue passing on the beat until the words "tri-ki, tri-ki" when they hold the object and move it right (not letting go), left, right left then finally passing it to their right on the word "tron".

Al Citron

Mexican Stone Passing Game



Orchestration





The Sea



The Sea

What lovely colors on the sea,

Hues of blues and greens.

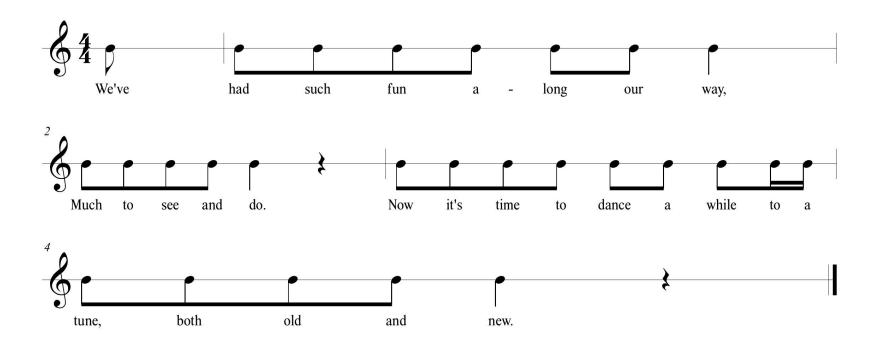
A gift of beauty just for me.

Priceless and serene.

La Mar



Verse for the Sea





Mexican Hat Dance

Mexican Folk Song

